# MID YEAR NEWSLETTER



#### OUNDATION ting Volunteer Firefighters

The start of 2023 saw South Australia experience a different kind of disaster – instead of flames, flooding took its toll! Numerous towns along the River Murray were impacted by the rising waters and our CFS volunteers worked alongside other emergency agencies to build levies, fortify homes with sandbags, and diligently went door-to-door to warn members of the community of the impending danger.

Some of these selfless volunteers also lost their own homes, and thanks to the financial assistance provided by the CFS Foundation, have been able to start rebuilding their lives. These volunteers are a testament to the spirit of selflessness that underscores the work of South Australian CFS volunteers, who tirelessly respond to emergencies, regardless of their nature, to ensure the safety and wellbeing of our community.

As the financial year nears its end, now is the perfect time to consider making a tax-deductible donation to the CFS Foundation. Your valuable support will enable us to provide ongoing assistance to our dedicated CFS volunteers, who selflessly serve the SA Country Fire Service.

Additionally, your contribution will help finance various projects aimed at ensuring the well-being and welfare of these heroic volunteers.

> **Gloria Berni** CEO



Vetworks



**CFS FAMILY FUN DAY** 

To thank CFS volunteers for their unwavering dedication to **Riverland community** 

In early May, the CFS Foundation organised an exclusive CFS Family Fun Day event for CFS volunteers of which was held in Waikerie.

The purpose of this event was to express gratitude towards the dedicated CFS volunteers for their tireless efforts during the recent floods that affected their region whilst still maintaining their regular workload. The CFS is the biggest road crash rescue agency for vehicle accidents in South Australia.

The CFS Foundation aimed to give these volunteers and their families a chance to unwind and enjoy a day of entertainment and relaxation alongside their colleagues from the region. The Rotary Club of Waikerie played a significant role in making this day possible, and we extend our heartfelt appreciation to everyone involved. Thanks also to Bickfords, OTR and Krispy Kreme donuts for donating goods for the event.

The CFS Foundation is currently in the process of planning similar Family Fun Days for CFS volunteers in other regions of South Australia.













### EMERGENCY SERVICES AFL ROUND

To thank our Emergency Service members for their immense contribution in protecting the safety of South Australians every day, the South Australian Government, in conjunction with the Adelaide Football Club, are hosting a dedicated Emergency Services Match.

This year's match will occur on Saturday, 10 June with Adelaide Crows v West Coast at Adelaide Oval and members of South Australia's emergency services will go into a ballot to have the opportunity to receive free tickets.

The CFS Foundation along with SA Police Legacy and the Australian Professional Firefighters Foundation have joined forces to fundraise for the charities that support our valued Emergency Services members.

We thank the Adelaide Football Club and SA Government for initiating this wonderful event and hope to see you there.



44 Jack Cooper Drive, Gawler

Knight's Roses is a Wholesale Rose Grower that sell Special Cause Roses Direct to the Public

## **CFS FOUNDATION WELLBEING PROJECT**

The enthusiasm displayed by CFS volunteers to undergo Mental Health First Aid training has been astounding, resulting in the completion of 16 workshops in just under 5 months. The significant positive impact that each participant will make on their brigade, family, and community cannot be overstated. It serves as the catalyst that ignites a powerful transformation.

Jana and Smokey (the comfort koala) have embarked on extensive journeys across South Australia to ensure that the training reaches as many CFS brigades as possible. To date, Jana has successfully facilitated workshops in 5 out of the 6 CFS regions, and she is now planning road trips that will take her off the beaten track, extending the reach of the training even further.



We appreciate the dedication of those CFS members who have taken time out of their busy schedules to attend the workshops. The soft skills acquired through this training are invaluable and will last a lifetime.

Some feedback from previous trainees: "This course has been beneficial in enhancing my understanding of mental health issues." "I am genuinely thankful for the opportunity to attend this course alongside our exceptional instructor and my fellow CFS brigade

members. I firmly believe that we are now better equipped to support one another as First Responders."

We congratulate Jana for her commitment to delivering these Mental Health 1st Aid training courses with professionalism and compassion.

### Police Credit Union INTERNATIONAL FIREFIGHTERS DAY

International Firefighters Day was made extra special this year thanks to Police Credit Union who distributed treats to express their gratitude to our CFS volunteer firefighters. Those volunteers from Burnside and Nuriootpa CFS brigades whose training night fell on May 4th plus staff from Mount Barker Region 1 office enjoyed these treats.

Thank you to Police Credit Union for their on-going support of our CFS volunteers.



# CFS FOUNDATION uncheon

ecognising our heroic CFS volunteers'

Friday 27 October 12 – 3pm Stamford Grand Hotel, GLENELG

Tickets \$150 Includes 2 course lunch and drinks + dessert bar

## The CFS FOUNDATION LUNCHEON 'Recognising our heroic CFS volunteers'

Tickets are now on sale for The CFS Foundation Luncheon to be held on Friday 27 October in the Stamford Grand Ballroom at Glenelg.

This luncheon is an opportunity for us to celebrate and pay tribute to the heroic South Australian CFS volunteers, who put their lives on the line to safeguard our community.

The event promises to be a memorable affair, with the passionate CFS volunteer and CFS Foundation ambassador Brenton Ragless as our host for the day and guest speakers who will share tales of bravery and heroism exhibited by our courageous CFS volunteers.

For the first time, this luncheon will be open to the general public so don't miss this opportunity to show your support for our courageous CFS volunteers and be part of a truly remarkable event!



## 2023 TRIPLE Ø (HARITY BALL

## STOP PRESS | CFS Foundation to participate in the Triple 0 Ball!

The Triple 0 Charity Ball was established in 2021 to honour the courageous individuals who dedicate their lives to safeguarding our community and for the first time, the CFS Foundation will join forces with the Australian Professional Firefighters Foundation, SA Police Legacy and Stafford Wulff Opportunity Scholarship in Paramedic Science to provide an opportunity for the people of South Australia to rally behind the remarkable charities that support emergency service workers, students, their families, and the wider community.

Set to take place on Saturday, December 9th, at the Adelaide Convention Centre, the Triple 0 Charity Ball will generate crucial funds for the four charity partners closely affiliated with the SA Metropolitan Fire Service, SA Police, SA Ambulance Service, and SA Country Fire Service. These partners have gone above and beyond in their commitment to supporting their members, ensuring they receive the assistance necessary to carry out their vital work and ensure the safety of our community, particularly after another challenging year for emergency services. **Tickets are available online www.triple0charityball.com.au** 

## FUNDRAISER THANKYOU'S

The vital work of supporting CFS volunteers is made possible by the backing of individuals, the community, and businesses. We express our gratitude to the following community groups and businesses whose recent dedicated fundraising endeavours have made a noteworthy impact on the CFS Foundation.

We greatly appreciate all the support we have received from individuals, community groups and businesses in the past.

If you are interested in hosting a fundraiser for the CFS Foundation, please contact Alysha at alysha@ cfsfoundation.org.au or register on-line via our website.

- Hills Heat Softball Association CFS Round
- Walk for a Veteran
- The Motorcycle group The Wall to Wall fundraiser
- Grill'd Summer Hero's promotion
- Osteria Oggi "Bread for Success"
- Two Well Florist 'Flame' Sunflower
- People's Choice Community Lottery
- Choo Roo



## **RECYCLE AND SAVE THE ENVIRONMENT**

The CFS Foundation in conjunction with Emergency Services HQ has joined the Direct Collect recycling program.

Direct Collect supplies a blue recycle bin for your premises into which 10c containers to be deposited. When the bin is full, give them a call and they will pick up the bin and replace it with a clean one.

Businesses or individuals can elect for the proceeds of the recycled containers to be donated to the CFS Foundation which is an easy way to support us and help the environment at the same time.

> Sign up today https://Inkd.in/gsps6cHk Or scan this QR code And remember to choose the CFS Foundation as your chosen charity.







Support the CFS Foundation to continue it's vital work in supporting our South Australian CFS volunteers. All donations over \$2 are tax deductible.

## CFS FOUNDATION INC.

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